



[1]



[1]

Product ID:

PL015

Recommended Age:

[18-30 Months](#) [2]

Catalog:

[Practical Life](#) [3]

\$29.99

Quantity *

Add to cart

Add to wish list



Buying in Bulk / for your School?

Click here to know more about our bulk shipping rates.



Buying from SAARC nations?

Click here to know more about our special offers for SAARC nations.



Need something Custom built?

Want something custom built for your kids or school? We are here to help. Let us know.



Tabs

Product Description

Rolling mats exercise in Montessori contains the working mats for children. Working mats have two lines to indicate the edges and the lines at the end must be visible on both sides of the mat. The lines are made of paint or ribbons and the perimeter of the mat is also marked to identify the edges clearly. The exercise helps children to prepare a seating area for better working with comfort.

Purpose

- To enable the child to unroll a mat as a preparation for later working with materials on the floor.
- To help the child with coordination of movement,
- To help the child in development of muscles, and concentration.

Exercise

- Demonstrate the exercise by first bringing the mat and making the children sit around you so you can see each other performing the exercise. First, start with the unrolling of the mat.
- First, place your left hand flat at the opening of the mat near the bottom.
- Place the right thumb on the left side of the rolled part of the mat.
- Using your finger, wrap around the curve of the mat and twist that right wrist to the right side.
- Slide gently to the top and continue until the mat is fully unrolled.
- Inform the children that the mat is unrolled now.
- Proceed to ask the children to perform the activity once in front of you so you monitor their movements, grip and holding position.
- Now, tell the children of rolling back the mat.

- Start by placing your right thumb under the flap of the mat and curve your four fingers.
- Similarly do it with left hand as well.
- Rotate both hands away from your body so that a strong curve is formed with the flap of the mat.
- Now, bring your left thumb back under the curve and apply pressure to the curve with your left hand.
- With your right hand, start to rotate so that your right thumb is under the mat and your fingers are curved over the roll.
- Apply pressure with your right hand.
- Now, as you are rolling gently. strengthen your grip.
- Repeat these movements until the mat is fully rolled.
- Inform the children to do it exactly as you did and monitor the movements to ensure they are following the steps correctly.
- Allow the children to do the activity individually.

Why to buy from us?



Sustainable Wood

All our products are made from sustainable wood.



Handcrafted

All our products are handcrafted by our talented artisans.



Non-Toxic Paint

Safety of kids using our products is our top priority thus we only use non-toxic paint.



Made In India

All our products are made in India by talented Indian craftsman.



EN71 and ASTM F963 Certified

All our products comply EN71 and ASTM F963 standards.



Turn Key Solutions

We offer turn key solutions to meet various needs of schools.

Source URL:<https://www.montessorimaterials.net/practical-life/rolling-mats>

Links

[1] <https://www.montessorimaterials.net/sites/default/files/ROLLING%20MAT.jpg> [2]

<https://www.montessorimaterials.net/age/18-30-months> [3] <https://www.montessorimaterials.net/catalog/practical-life>